



A Seasonal Guide to Locally-Grown Produce

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Fruits												
Apples	A	A	A								A	A
Blueberries												
Grapes												
Peaches												
Pears												
Raspberries	G	G	G								G	G
Strawberries	G	G	G							G	G	G
Vegetables												
Asparagus												
Beets												
Broccoli												
Brussel Sprouts												
Cabbage												
Carrots												
Cauliflower												
Corn												
Cucumbers	G	G	G	G	G					G	G	G
Eggplant												
Garlic	A	A	A								A	A
Green Beans												
Greens	G	G	G	G							G	G
Herbs												
Kohlrabi												
Melons												
Onions	A	A	A								A	A
Green Onion												
Parsnips	A	A	A									
Peas												
Peppers												
Potatoes	A	A	A								A	A
Pumpkins												
Radishes												
Rhubarb												
Spinach	G	G	G	G						G	G	G
Summer Squash												
Winter Squash	A	A	A								A	A
Tomatoes	G	G	G	G						G	G	G
Turnips	A	A	A								A	A

= Harvest Season
 = Peak Season
 A = Available
 G = Greenhouse Grown