



*A Seasonal Guide to Locally-Grown Produce*

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
<b>Fruit</b>												
Apples	A	A	A								A	A
Blueberries												
Grapes												
Peaches												
Pears												
Raspberries	G	G	G								G	G
Strawberries	G	G	G							G	G	G
<b>Vegetables</b>												
Asparagus												
Beets												
Broccoli												
Brussel sprouts												
Cabbage												
Carrots												
Cauliflower												
Corn												
Cucumbers	G	G	G	G	G					G	G	G
Eggplant												
Garlic	A	A	A								A	A
Green Beans												
Greens	G	G	G	G							G	G
Herbs												
Kohlrabi												
Lettuce Mix	G	G	G	G						G	G	G
Lettuce, head												
Melons												
Onions	A	A	A								A	A
Onions, Green												
Parsnips	A	A	A									
Peas												
Peppers												
Potatoes	A	A	A								A	A
Pumpkins												
Radishes												
Rhubarb												
Spinach	G	G	G	G						G	G	G
Squash, Summer												
Squash, Winter	A	A	A								A	A
Tomatoes	G	G	G	G						G	G	G
Turnips	A	A	A								A	A

= Peak Season      = Harvest Season

A = Available

G = Greenhouse grown

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